

SPARDHA



JKLU

NAAC 'A' Grade Accredited



RULEBOOK



VOLLEYBALL



FOOTBALL



KABADDI

EVENTS

BASKETBALL



CRICKET



BADMINTON



GENERAL RULES

- The maximum age limit for players is 24 years old.
- Player swapping or transfer between teams is not permitted.
- Each team must bring a college photo ID, government-issued photo ID (such as a driver's license, voter ID card, PAN card, Aadhaar card, etc.), and a college bonafide certificate for every player on the team.
- Breaking these rules could result in severe consequences, and the organizing team's decision will be final.



VOLLEYBALL

RULES

- Points are made on every serve for the winning team of the rally (rally-point scoring).
- A player cannot block or attack a serve from on or inside the 10-foot line.
- It is legal to contact the ball with any part of a player's body.
- Ball may be played off the net during a volley and on a serve.
- After the serve, front-line players may switch positions at the net.
- Umpires' decision is final decision.

- Crossing the court centerline with any part of your body, except for a hand or foot. It is only considered a violation if the entire hand or entire foot crosses the court centreline.
- Blocking a ball coming from the opponent's court and contacting the ball when reaching over the net if your opponent has not used 3 contacts AND has a player there to make a play on the ball.
- Ball-handling errors and contacting the ball illegally (double touching, lifting, carrying, throwing, etc.)



BASKETBALL

RULES

- Normal FIBA rules will be followed.
- Each game will consist of four quarters. Each quarter will be of ten minutes.
- All teams should report 30 minutes prior to the match.
- Waiting time would be 5 minutes, delay by any team would lead to disqualification.
- Each team should have Jerseys in uniform color.
- No adornments and jewels will be allowed during the match.



FOOTBALL

RULES

- Normal FIFA rules applicable.
- Maximum 10 players are allowed in a team. Offside etc. as per current format followed.
- Playing 7 should be decided before the game
- Maximum 3 substitutions allowed before full time, 1 substitution allowed in extra time.
- Extra time for the matches shall be notified only before the match.
- The decision of the referee will be final and binding.



CRICKET

RULES

- All the rules in the game remain as current ICC laws
- The tournament will be played in a 10- over knockout format (subject to change)
- The semi-final will be of 12 overs and the final will be of 15 overs (subject to change)
- Only whites are allowed in the match and All match will be playing with the red leather ball
- The tie in the game will be resolved by the super over.

- Management has the right to change the format of the game without any formal notice for the betterment of the tournament
- The team must bring their own kits and equipment (Match Ball will be provided by the Organizers)
- Umpire's decision will be the final decision.



KABADDI

RULES

- 🖐️ Normal PRO KABADDI rules applicable.
- 🖐️ The duration of the time of the match shall be two halves of 20 minute.
- 🖐️ Each Team shall be allowed to take Two “Time Outs” of 30 Seconds each in each half; such time out shall be called for by the Captain and Coach .

🖐 Substitution

- a) Five Reserve Players can be substituted with the permission of Referee during time out or interval.
- b) No substitution is allowed during the official time out.

Bonus Point

- a) One point shall be awarded to the raider when he crosses the bonus line. If, the raider after crossing the bonus line is caught, the opponent team will also be awarded one point.

b) The Bonus line will be applicable when there are minimum 6 players in the court.

c) If the raider while crossing the bonus line is caught then a point will be awarded to the defending team & No Bonus point shall be given.

👋 Official Time out can be called for by the Referee Umpire in the event of any injury to a player, interruption by outsiders, re-lining of the ground or any such unforeseen circumstances. Such time out time will be added to the match time.



BADMINTON

RULES




Normal PBL rules applicable.




The serve is the basic of any badminton play. Serve is the term used according to badminton rules, to hit the cock during the beginning of each rally. Serve should always be done underarm and below the server's waist. An overarm serve is against the rules of badminton, and would be considered a fault.



According to the basic rules of badminton, if your cock touches the ground or if you hit it twice from the same court, that's considered a foul play. So there's no replay or second chance. "In the game of badminton, you either loose or win, there's never a chance!"



The shuttlecock which is either served or hit, should land inside the service court. Any cock which flew away the white boundaries will not be counted and yes, your opponent will definitely score.



Badminton can be played as singles or doubles.
In a single rally, there will be two players, playing with each other. While in a double rally, you can pair up with your friend and play a game of four. But the players are a set, like the sets of cards.

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